

MESSAGE FROM THE BOARD MEMBERS



December: Well we are closing another busy year. We have forged new partnerships, developed friendships and did our best to help out where we could.

As we wind down (maybe), we start planning year end celebrations and relaxation periods. We exchange gifts and wishes. Therefore, let us count our blessings and remember the less fortunate. **Happy Holidays everyone!**

Be a member detector

New members are the lifeblood of every organization, including ours.



Membership is \$10 and it allows you a special member rate for all our activities, and our newsletter which is full of information on upcoming events, courses, etc. Don't hesitate to tell everyone you know about us.

MWCN Sponsored Events:

Upcoming events:

November 29th – Coffee and Discussion on Macular Degeneration. What is it? How can I prevent this eye disorder? Who is at Risk? Denyse Legault who is with the Macular Degeneration Association is our guest speaker. Where? St-Willibrord School, 300 McLeod Street from 10am – 12pm.

December 3rd - Christmas Scrapbooking Special from 9:30am – 4pm Cost \$25.00 For Adults and \$15.00 For children 7 – 16...lunch and gifts included. Walshaven, 35 Hector St Ormstown.

December 6th – Service Canada Presentation on Volunteer Separation, Pensions, Income Supplement. Open to all. FREE 10am – 12pm at St-Willibrord School, 300 McLeod St., Chateaugay Qc. All are welcome.

December 10th – Get \$mart Financial Literacy Workshop and refreshments from 10am – 12pm. At St-Edwards Presbyterian Church, 72 Des Écossais, Beauharnois. FREE....all are welcome. For further information or to register call 450-617-0513

Don't forget on **Tuesdays - Walking Group** will keep on walking, bring a lunch and meet @ Ile St-Bernard at 11:00am. **The group meets 3 times per month.**

CECN Board Elected officers:

President: Pauline Wiedow
Vice President: Lise Brunette
Treasurer: Gayle Holdaway
Secretary: Grace Brasseur

Members:

New member: Georges Bujold
Chuck Halliday
New member: Louise Kinney
Susanna Langevin
New Member: Emily Lemieux
New member: Marlene Stacey

Volunteer Coordinator: Lynda Friend

Interest groups

Book Club Chair: Gayle Holdaway
Membership Chair: Emily Lemieux
Newsletter editor: Lise Brunette

e-mail: mwcn2016@gmail.com

Letters to the Editor



Any event, activity, or interesting fact to share?

E-mail lbrunette51@videotron.ca

The **MWCN Knitters** donate hats and blankets to the Anna Laberge Hospital Neonatal unit:



Upcoming Community Wednesday:

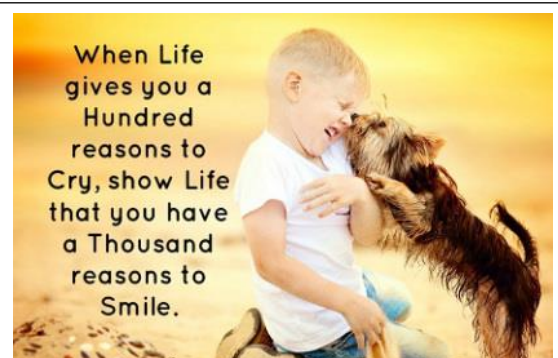
Held from 4 to 7pm. Spaghetti dinner \$2.00

Dec 7: St-Willibrord School

Feb 1: To be determined

April 5: Sainte-Martine School

May 3: Gérin-Lajoie School



55 rue Lambton
Ormstown QC



PROPRIÉTAIRES:
Christine & Kevin Bickes

Live Music
tous les vendredi soirs

Reservations:
514 217 1465/514 977 7820

Band Bookings:
514 217 1465/514 977 7820

Open Mike 19h-20h
Pass the hat donations



Katie and the Jazz Daddies
Friday
Nov 4 8h



Johnny Cash Machine
Friday
Dec 2 8h



Eddy Blake Trio
Friday
Nov 11 8h



Rob Lutes
Friday
Dec 9 8h



Cliff Edwards of The Bells
Friday
Nov 18 8h



James Banning
Friday
Dec 16 8h



Bayou St. Laurent
Friday
Nov 25 8h



Stewart Grandlouis
Friday
Dec 23 8h

December 30 New Years party .. details to follow

Save the date:

The Montérégie West Community Network is happy to partner with The Community Learning Concept of NFSB who provides the opportunity for us to offer **Life Long Learning Groups for 2017.**

Registration, Wednesday January 11th and 18th at Nova Career Center from 4-6pm

On offer:

- Computer for beginners: Know the computer and explore Word and the internet. (6 weeks) ..date to be determined - Cost \$60.00
 - I pod and I pad and social media....Learning together -Cost \$20.00 (2 weeks) longer if needed....date to be determined
 - French Conversation: From Jan. 23rd – March 27th - \$70.00
 - English Conversation: From Jan. 25th – March 29th
- Courses to be held at Nova Career Centre – 70 Maple Blvd.
- Creative Writing, storytelling, life experiences shared, publishing possibilities, getting to know our neighbours (visit to Kahnawake) Feb. 14th – April 18th – Cost \$60.00
 - Book Club 1st group Feb. 6th, 20th and March 6th
2nd group Feb. 13th, 27th and March 13th
Reading 'Little Women' - Cost is \$20 plus the book.
 - Knitting Group meets every 3rd Tuesday from 11 – 1, January 17th; February 21st; March 21st; April 18th; and May 16th. All are welcome and it is FREE.

Meeting at St- Willibrord School Community Learning Concept, 300 McLeod Street, Chateauguay

Need more information? Please call Gayle @ 450-699-1078 or Pauline at 450-617-0513



Partners Corner

Upcoming & ongoing events

From Chateauguay and the Valley!!!!!!

Dec 4: **Fair Trade Fair** – Sunday–OLPH Hall

Dec 6: **Soirées Communau-T Haut-Saint-Laurent Community Nights** at École Montpetit, 57 Wood Street in St-Chrysostome Free Spaghetti supper. Held from 4:30 to 7pm

Dec 15: **Community Church's Turkey Dinner**. 101 Lauzon, **Need: Food for Christmas baskets and toys for children.**

Feb 14: **Soirées Communau-T Haut-Saint-Laurent Community Nights** at École Notre-Dame-De-Rosaire 8 Bridge Street, Ormstown. Free Spaghetti supper. Held from 4:30 to 7pm

Civitan Fundraiser
Chinese Buffet
Great Christmas gift idea

Sunday, January 29th
Time: 12pm to 4:00pm

ahiti Fusion & Grill
88, St-Jean-Baptiste, Chateauguay, Québec, J6K 3A6

For a small fee you can help us continue to help the community. Civitan has provided donations to various facilities and groups in Chateauguay that have impacted the lives of many. Check out our website to find out more information. COME JOIN US at our BUFFET FUNDRAISER

Contact any Civitan member or Louise Kinney 450-699-1255

All proceeds go to projects and programs www.chatcivitan.com

Caregiver Program: Testimonial

I have to thank you so much for the direction my life is going. The courses you are making available is certainly making me more aware my situation and how to better myself. I am not one to speak out in a crowd but I sure let Susan know how much I got out of our first week and again am able to be even more understanding of my husband's situation. He is struggling as I am sure most Dementia patients do but I am equipped to be there in a positive way. Thank you once again. You are a GEM.
☺☺☺D.B.

The Caregiver Program and Mind Calm are programs made possible through Community Health and Social Services Network Funding (CHSSN).

LE BÉNÉVOLAT

MONTEZ

VOLUNTEERING

À BORD!

GET ON BOARD!

450 699-6289



Pour accompagnement-transport

- Lors de rendez-vous médicaux;
- Horaires et destinations selon vos goûts;
- Remboursement selon le kilométrage.

For accompanied transportation

- To/From medical appointments;
- Schedules and destinations according to your preferences;
- Reimbursement according to mileage.

www.cabchateauguay.org NOUS DESSERVONS | FOR RESIDENTS
CENTRE D'ACTION BÉNÉVOLE SAINT-URBAIN-PREMIER LÉRY
DU GRAND CHATEAUGUAY **CHATEAUGUAY MERCIER** SAINTE-MARTINE SAINT-ISIDORE