



**Registration Form Fall 2018**

(Please print)

Name \_\_\_\_\_ Paid \$ \_\_\_\_\_

Address \_\_\_\_\_

Post Code \_\_\_\_\_ Tel \_\_\_\_\_

E-mail \_\_\_\_\_ Date: \_\_\_\_\_

**LIFE LONG LEARNING COURSES & GROUPS**

- French Conversation** – Moderator is Georges Bujold– 10 weeks -\$70. On Wednesdays from 6:30pm-8:30pm, September 12<sup>th</sup> to November 14<sup>th</sup> -Room 2-019.
- CHEP PROGRAM – Community Health Education Program – Free** – Sept. 26<sup>th</sup> sugar and salt; Oct. 24<sup>th</sup>, Bladder and Bowel; and Nov.? Grief; - Videoconferencing Room. Gayle Holdaway is the co-ordinator.
- COMPUTER LITERACY FOR SENIORS – FREE for members** –every Monday & Thursday beginning Sept. 24<sup>th</sup> and 27<sup>th</sup> to Nov. 5<sup>th</sup> from 3-5 in room S-175. Nancy Saunders is the co-ordinator.

**\*All above classes and groups are held at Nova Career Centre**

- Book Club** – Moderator is Gayle Holdaway – 6 weeks, held every 2<sup>nd</sup> week - \$20.00. Held on Mondays from 10am to 12pm . Membership is included. 1<sup>st</sup> group begins Sept.10<sup>th</sup> and second group Sept.17<sup>th</sup>.
- Knitting Big Group**– Co-ordinator is Susanna Langevin – Held once a month. On Tuesdays from 11:00 – 1:00. Materials supplied. Cost FREE. September 18<sup>th</sup>, October 16<sup>th</sup>, and November 20<sup>th</sup>.

**Knitting** for adults who wish to learn: September 25<sup>th</sup>, Oct. 9<sup>th</sup>, 23<sup>rd</sup> ; Nov. 6<sup>th</sup> and 27<sup>th</sup> from 10-12.

- Creative Writing** – Moderator is Susanna Langevin – 10 weeks – Cost \$70.00. On Tuesdays from 1:30 – 3:30pm, September 25<sup>th</sup> to November 27<sup>th</sup>.

**\*All above activities are held at St- Wilibrord School Community Learning Concept.\***

- Zumba beginning Friday, September 7<sup>th</sup> to November 8<sup>th</sup>. 10am to 11am for 10 weeks at **Vice Versa, 120 de Gaspé Chateauguay .... Free for Members.**

The MWCN is a membership organization. Members will be kept informed of our activities, have a say in the running of the organization, and are eligible to join our committees.

- Membership is included in the cost of registration to one of our activities, or if you prefer, you can pay
- \$10 for 1 year , \$20 for 2 years  or \$30 for 3 years  Membership goes from April 1<sup>st</sup> to March 31<sup>st</sup>.
- Would you like to volunteer? Please check this box

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[www.facebook.com/monteregiewestcommunitynetwork](http://www.facebook.com/monteregiewestcommunitynetwork)