

MESSAGE FROM THE BOARD MEMBERS



Celebrating Lunar New

On January 28, will begin the Year of the Rooster. This year is one where triumph and success can be achieved with hard work and patience. The Rooster symbolizes character traits such as confidence, motivation, loyalty, and commitment, and the year ahead should bring fresh challenges requiring quick thinking and practical solutions.

Gong Xi Fa Cai! Kung Hei Fat Choy!

Be a member detector

New members are the lifeblood of every organization, including ours.



Membership is \$10 and it allows you a special member rate for all our activities, and our newsletter which is full of information on upcoming events, courses, etc. Don't hesitate to tell everyone you know about us.

MWCN Board Elected officers:

President: Pauline Wiedow
 Vice President: Lise Brunette
 Treasurer: Gayle Holdaway
 Secretary: Grace Brasseur

Members:

Chuck Halliday
 Susanna Langevin

New member: Georges Bujold
 New member: Louise Kinney
 New Member: Emily Lemieux
 New member: Marlene Stacey

Volunteer Coordinator: Lynda Friend

Interest groups

Book Club Chair: Gayle Holdaway
 Membership Chair: Gayle Holdaway
 Newsletter editor: Lise Brunette

e-mail: mwcn2016@gmail.com



Letters to the Editor

Any event, activity, or interesting fact to share?

E-mail lbrunette51@videotron.ca

MWCN Sponsored Events:

Upcoming events:

Walking Group will be back in the Spring of 2017. Would like to join this group but need more information? Please call Pauline Wiedow at 450-617-0513 and leave a message.

- Jan 30: **French conversation** class begins – see next page for more details
- Feb 1 **English conversation** class begins– see next page for more details
- Feb 6 First meeting of **Book club group 1**– see next page for more details
- Feb 13 First meeting of **Book club group 2**– see next page for more details
- Feb 14 **Creative writing course** begins– see next page for more details
- Feb 15 **English Conversation** begins at Gault in Valleyfield
- Feb 15: **Fun & Lunch with a Bunch - Wellness Center** resumes in partnership with Civitan Club. Special guests invited to the Launch of the new kitchen. Beef Stew lunch will be served. For more information, see other page.
- Apr 8-9 Commemorating the 100 anniversary of VIMY RIDGE – at Civitan
- June 3-4 Commemorating the 100 anniversary of VIMY RIDGE – St-Edwards's church, Beauharnois.



Welcome to 2017 Canada's Special Year

It's now time to celebrate as Communities across this great land come together to mark our countries 150 anniversary ...1867-2017.

To help encourage various community and Cultural groups, schools, churches, towns and good people coming together organizes projects to mark Canada's 150.

The Community Foundations of Canada is offering through its partners **support grants to help with the funding of projects:** These grants range in size and are designed to provide funding support to volunteer-based programs.

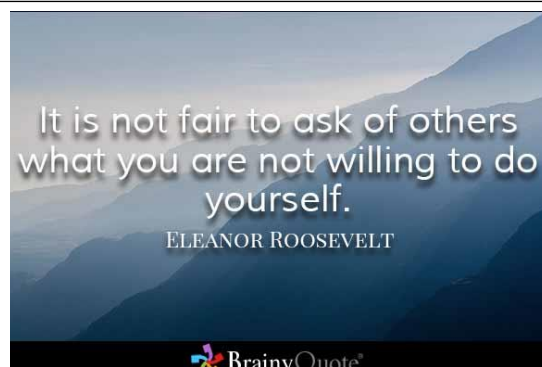
The application forms have been kept simple. Ranging from Community picnics, Art shows, Plays, Music and special events that mark the 150 and show our cultural and our pride in being Canadian

For the Greater Montreal region the grant request period has now open from January 9th to February 15 see link <http://communityfoundations.ca/cfc150/annlv/>

Upcoming Community Wednesday:

Held from 4 to 7pm. Spaghetti dinner \$2.00

- Feb 1: St. John Baptist School
- April 5: Sainte-Martine School
- May 3: Gérin-Lajoie School



Save the date:

The Montérégie West Community Network is happy to partner with The Community Learning Concept of NFSB who provides the opportunity for us to offer **Life Long Learning Groups for 2017**.

Registration, Wednesday January 18 and 25 at Nova Career Center from 4-6pm

- **Computer for beginners:** Know the computer and explore Word and the internet. 6 week class starting on **Feb 1** from 6:30 – 8:30pm - Cost \$60.00
- **French Conversation:** 10 week class starting on **Jan. 30th** from 6:30 to 8:30pm Cost: \$70.00
- **English Conversation:** 10 week class starting on **Feb. 1** from 6:30 to 8:30pm. Cost: \$70.00

Courses to be held at Nova Career Centre – 70 Maple Blvd.

- **Creative Writing**, storytelling, life experiences shared, publishing possibilities, getting to know our neighbours (visit to Kahnawake)
10 week class starting on **Feb. 14th** from 1:30 to 3:30pm. Cost \$60.00
- ***Book Club 1st group Feb. 6th**, 20th and March 13th
2nd group Feb. 13th, 27th and March 20th
Reading 'Little Women' - Cost is \$20 plus the book.
- ***Knitting Group** meets every 3rd Tuesday from 11 – 1, January 17th; February 21st; March 21st; April 18th; and May 16th. All are welcome and it is FREE.

Meeting at St- Willibrord School Community Learning Concept, 300 McLeod Street, Chateauguy

Need more information? Please call Gayle @ 450-699-1078 or Pauline at 450-617-0513



Partners Corner

Upcoming & ongoing events

From Chateauguy and the Valley!!!!

- Feb 1: **Habitat for Humanity** meeting – CVCEC Ormstown 6:30 to 8:30pm
- Feb 14: **Soirées Communau-T Haut-Saint-Laurent Community Nights** at École Notre-Dame-De-Rosaire 8 Bridge Street, Ormstown. **Free** Spaghetti supper. Held from 4:30 to 7pm
- Feb 18: **Bluegrass evening** – Civitan Club Paul Hallé St. Chateauguy Entertainment starts around 2:00pm, dinner is at 5:30pm served by Civitan, cost of \$8,50; show resumes at 7:00pm till 10:30pm. Bluegrass Association charges a \$2.00 entrance fee for their members and \$5.00 entrance fee for non-members.
- Feb 28: A **new Knitting Group** is being created and will meet in Kahnawake – more information to follow

The Montérégie West Community Network along with the Chateauguy Civitan Club are beginning a "Wellness Center" at the Civitan Club, Paul Hallé, Chateauguy

- Feb 15: **Fun & Lunch with a Bunch - Wellness Center** resumes in partnership with Civitan Club. Special guests invited to the Launch of the new kitchen. Beef bourguignon lunch will be served.

Subsequent dates to remember

- Mar 8: Bingo
- Mar 29: Foot Care Clinic
- April 5: Mini conference with guest speaker Lisa Mintz from Parkinson Canada
- April 19: A craft Day
- April 26: Social games of crib, cards, scrabble and learn how to play bridge or any other social game of your choice

*****Sessions include lunch and fun at the low cost of a 'toonie'.**



FUN AND LUNCH WITH A BUNCH



The Montérégie West Community Network along with the Chateauguy Civitan Club are beginning a "Wellness Center" at the Civitan Club, Paul Hallé, Chateauguy

Starting February 15th from 10am – 1pm at Civitan Club.

We will have leaders in our community as invited guests and Beef Stew lunch for \$2

This is the launch of our joint program that is made possible through grants from the New Horizons Seniors Program (NHSP) and the Community Health and Social Services Network of Health Canada (CHSSN)

Subsequent dates to remember

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- April 5th: Mini conference with guest speaker Lisa Mintz from Parkinson Canada
- April 19th: A craft Day
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Come join us. All are welcome. You may meet up with an old friend or make a new one. You just never know.

*****Sessions include lunch and fun at the low cost of only a 'toonie'.**

To reserve your spot or for more information call Louise 450-699-1255 Or Pauline 450-617-0513



Proceeds go for other programs and projects.

LE BÉNÉVOLAT

MONTEZ

VOLUNTEERING

À BORD!

GET ON BOARD!

450 699-6289



Pour accompagnement-transport

- Lors de rendez-vous médicaux;
- Horaires et destinations selon vos goûts;
- Remboursement selon le kilométrage.

For accompanied transportation

- To/From medical appointments;
- Schedules and destinations according to your preferences;
- Reimbursement according to mileage.

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